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CLAIMS

- 1. A fitted garment including a first panel of fabric having a torso section which is shaped to substantially surround the waist region of a wearer's body and which has upper portions configured to extend outwardly in the finished garment to an underarm region of the body such that no seams are present within the armpit region of the body.
- 2. A fitted garment according to claim 1 wherein the first panel also includes leg sections integrally formed with the torso section, and wherein each leg section is configured to substantially surround at least an upper portion of a leg of the body.
- 3. A fitted garment according to claim 1 further including a second panel joined to the first panel and having a first arm section and a first upper back section, wherein the first arm section forms a sleeve and the first upper back section is configured to extend across at least a portion of the upper back of the body.
- 4. A fitted garment according to claim 3 further including a third panel joined to the first panel and having a second arm section and a second upper back section, wherein the second arm section forms a second sleeve and the second upper back section is configured to extend across at least a portion of the upper back of the body and meet the first upper back section adjacent a spinal region of the body.
- 5. A fitted garment according to claim 1, further including a second panel joined to the first panel and having integrally formed arm sections, upper back sections and a chest section, wherein in the finished garment the arm sections form a pair of sleeves, the upper back sections extend between the sleeves across the upper back of the body to meet at a spinal region thereof and the chest section extends between the sleeves across a chest region of the body.
- 6. A fitted garment according to claim 2, wherein each leg section includes a dart which in the finished garment begins at a seam on an inner knee region of the body and terminates at an outside calf region.

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- 7. A fitted garment according to claim 6 wherein a seam extends from the crotch, down the inner thigh region and said knee region, and along a rear portion of said calf region to the ankle.
- 8. A fitted garment according to claim 7 wherein the dart extends from the inner knee region, over the front of the knee and down the outside of the calf.
- 9. A fitted garment according to claim 3 wherein each sleeve has a bend at an elbow region thereof such that a forearm section of the sleeve forms an angle to an upper arm section of the sleeve, and wherein said bend is provided in part by a dart which in the finished garment begins at a seam located at an upper rear side of the upper arm section and terminates adjacent the elbow region.
- 10. A fitted garment including leg sections being configured to closely conform to the shape of a human body wherein each leg section is made of a single panel of fabric and includes a dart which in the finished garment begins at a seam on an inner knee region of the body and terminates at an outside calf region.
- 11. A fitted garment according to claim 10 wherein a seam extends from the crotch, down the inner thigh region and said knee region, and along a rear portion of said calf region to the ankle.
- 12. A fitted garment according to claim 10 wherein the dart extends from the inner knee region, over the front of the knee and down the outside of the calf.
- 13. A fitted garment having a pair of sleeves configured to closely conform to the shape of a human body and having a bend at an elbow region thereof such that a forearm section of the sleeve forms an angle to an upper arm section of the sleeve, wherein each sleeve is made of a single panel of fabric and said bend is provided in part by a dart which in the finished garment begins at a seam located at an upper rear side of the upper arm section and terminates adjacent the elbow region.
- 14. A fitted garment according to claim 13 wherein both sleeves are made from a single piece of fabric together with a chest section and upper back sections of the garment.

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- A fitted garment according to claim 1, wherein the garment is a wetsuit. 15.
- A fitted garment according to claim 10, wherein the garment is a wetsuit. 16.
- A fitted garment according to claim 13, wherein the garment is a wetsuit. 17.
- A fitted garment adapted to be worn on a wearer's torso and to cover at least the waist, an 18. armpit, and a portion of an arm of the wearer, the garment comprising a plurality of separate panels, and a plurality of seams where the panels are joined together, wherein: the garment comprises an armpit portion formed from a single panel, the panel covering the wearer's armpit, and at least portions of the wearer's arm and waist.
- The garment of claim 18 wherein the panel is also adapted to cover a portion of a leg of 19. the wearer.
- A wetsuit comprising a plurality of panels joined together at a plurality of seams, the 20. seams having a total length of less than 32 feet.
- The wetsuit of claim 20 wherein the seams have a total length of less than 27 feet. 21.
- The wetsuit of claim 20 wherein the seams have a total length between 20' and 25'. 22.
- A westuit comprising a plurality of panels seamed together wherein the wetsuit does not 23. have any seams positioned in the underarm area of the suit, and the suit does not include side or underarm gussets.
- A wetsuit comprising a plurality of panels joined together wherein the total number of 24. panels used to form the torso portion of the suit, excluding any dedicated neck panels, is less than or equal to 5.
- The wetsuit of claim 24 wherein the number of panels is 3. 25.
- A method of fabricating a fitted garment including the steps of cutting from a piece of 26. fabric a first panel having a torso section which is adapted to substantially surround the waist region of a wearer's body and which has upper portions configured to extend in the

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finished garment to an underarm region of the body such that no seams are present within the armpit region of the body.

- 27. A method according to claim 26, wherein the first panel also includes leg sections integrally formed with the torso section, and wherein each leg section is configured to substantially surround at least an upper portion of a leg of the body.
- 28. A method according to claim 26 further including the steps of:

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- a) cutting from a piece of fabric a second panel having an arm section and an upper back section formed integrally therewith; and
- b) joining the second panel to the first panel such that the arm section forms a sleeve and the upper back section extends across at least a portion of the upper back of the body.
- 29. A method according to claim 28 further including the step of:
 - a) cutting from a piece of fabric a second panel having arm sections, upper back sections and a chest section; and
 - b) joining the second panel to the first panel such that the arm sections form a pair of sleeves, the upper back sections extend between the sleeves across the upper back of the body to meet at a spinal region thereof and the chest section extends between the sleeves across a chest region of the body.